



AT THE GOING DOWN OF THE SUN, AND IN THE MORNING, WE WILL REMEMBER THEM

An extract from *For the Fallen* by Laurence Binyon

REMEMBRANCE

Remembrance is as relevant today as it was 100 years ago – the sacrifices of those in the Armed Forces community have continued to take their toll in conflicts old and new. We remember all those affected by war, including those who have died and those who have suffered. Remembrance is something for everyone to take part in, for every community. It is for people of all ages and abilities, of all faiths and none, of all political opinions and none. Being actively involved in Remembrance can be as simple as observing a Two Minute Silence at 11 o'clock in the morning of 11 November (Armistice Day), writing a poem about Remembrance or organising an event.

The poppy is the universally-recognised symbol of Remembrance and hope. When you wear a poppy you are showing that you care, helping The Royal British Legion support thousands of British Armed Forces veterans – men and women of all ages, and their families. Your support helps ensure that the Legion can give them the life-long care they need – they can live on, knowing that help is always there for them.

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